Curriculum Vitae for Brent Jonathan Fountain, Ph.D., R.D., L.D. Associate Extension Professor, Nutrition Department of Food Science, Nutrition, and Health Promotion Mississippi State University P. O. Box 9805 Mississippi State, MS 39762 bjf2@msstate.edu 662-325-0849

Home Address and Telephone 112 Pine Ridge Circle Starkville, MS 39759 662-323-1991

Earned Degrees

- Ph.D. *Mississippi State University. August 2004.* Major: Nutrition Minor: Agricultural Information Sciences and Education Dissertation Research: Factors of overweight in children 6-11 years of age and relationship to a sedentary lifestyle.
- **B.S.** *Mississippi State University. May 1998.* Major: Human Sciences, Food Nutrition and Dietetics Option
- B.S.B.A. *Mississippi College. August 1993.* Major: Business Administration/ Mass Communications
- A.A. *East Central Community College. May 1991.* Major: Liberal Arts Studies

Credentials

Dietetic Registration with the Commission on Dietetic Registration (R.D.): #872361 Licensed Dietitian, State of Mississippi, Mississippi State Board of Health (L.D.): #D0978 ServSafe Certification, National Restaurant Association Educational Foundation: #3659723 ServSafe Instructor, National Restaurant Association Educational Fountain: #1018862

Professional Experiences

Associate Extension Professor, Department of Food Science, Nutrition, and Health Promotion, Mississippi State University, Mississippi State, Mississippi, (2011-Present)

Duties include direction of statewide nutrition program and coordination of Mississippi State University Extension Service (MSU-ES) activities as they relate to the area of human nutrition. Assist field staff with development and dissemination of education programs relating to the area of nutrition. Provide technical assistance and in-service training to Nutrition and Food Safety Area Agents. Serve as site coordinator for the Extension Service rotation of Mississippi State University dietetic interns. Director of the MSU-ES ServSafe Food Safety Certification Course

Assistant Extension Professor, Department of Food Science, Nutrition, and Health Promotion, Mississippi State University, Mississippi State, Mississippi, (2006-2011)

Duties include direction of statewide nutrition program and coordination of Mississippi State University Extension Service (MSU-ES) activities as they relate to the area of human nutrition. Assist field staff with development and dissemination of education programs relating to the area of nutrition. Provide technical assistance and in-service training to Nutrition and Food Safety Area Agents. Serve as site coordinator for the Extension Service rotation of Mississippi State University dietetic interns. Director of the MSU-ES ServSafe Food Safety Certification Course.

Assistant Professor, Didactic Program in Dietetics Director, Department of Food Science, Nutrition, and Health Promotion, Mississippi State University, Mississippi State, Mississippi, (2004-2006)

Duties include recruitment and retention of undergraduate students in the area of nutrition. Serve as program director for the Didactic Program in Dietetics (DPD). Teach classes in the area of nutrition at the undergraduate level. Serve as academic advisor to students majoring in the area of nutrition. Serve as advisor to the Student Dietetic Association. Conduct research and participate in other scholarly activities as part of Mississippi Agricultural Forestry and Experiment Station (MAFES) appointment.

Family Nutrition Program Project Coordinator, Mississippi State University Extension Service, Mississippi State, Mississippi, (2001-2004).

Principal Investigator and project coordinator for a multi-million dollar grant funded by the United States Department of Agriculture—Food and Nutrition Service and overseen by the Mississippi Department of Human Services. Low-income residents of Mississippi that currently participate or who are eligible to participate in the Food Stamp program are the target audience. Supervise and evaluate three professional employees, two staff assistants, three graduate assistants, and five student workers who are housed at the state office. Work with other members of the Family Nutrition Program staff to develop curriculum and evaluation, develop an annual budget, and disseminate information to the target audience. Responsible for management of the grant and training of MSU-ES staff who deliver the program. Work with over twenty Family and Consumer Science Area Agents, over sixty county directors and forty program assistants to deliver the Family Nutrition Program in sixty-eight Mississippi Counties.

Family Nutrition Program Business Manager, Mississippi State University Extension Service, Mississippi State, Mississippi, (1999-2001).

Assisted in developing the annual budget and prepared supplemental documentation to funding agency as needed. Participated with the project coordinator in MDHS audits annually. Prepared bi-annual cost transfers for matching MSU employees and prepared other transfers as needed on the project.

Account Executive, The Natchez Democrat, Natchez, Mississippi (1994-1995).

Maintained territorial account list of over 250 local and area businesses. Responsible for meeting daily deadlines for advertising submission. Developed print advertisements and advertising schedule for different businesses in order to achieve most effectiveness from advertising dollar.

Account Executive, Love Communications Company, Monroe, Louisiana and Jackson, Mississippi (1993-1994).

Developed and maintained an account list of local and national businesses. Developed individually tailored advertising schedules utilizing twelve different cable television channels to achieve maximum effectiveness for advertisers. Assisted in the development and production of local television advertising spots for clients.

Research Areas of Interest

Nutritional Barriers facing low-income families Childhood Overweight and Adult Obesity Advertising and Food Choices Effectiveness of in-school nutrition education programs Food Safety in the Food Service Industry

<u>Grant Awards Received</u> External (\$8,206,173) Internal (\$91,687)

Fountain, B.J. "Mississippi Department of Education Office of Healthy Schools Nutrition Integrity Evaluation Grant". The Bower Foundation, Jackson, MS. \$1,500.00, 2009.

Fountain, BJ. Howell, BR. "Mississippi State University Extension Service 5***** Grant Evaluation". The Bower Foundation, Jackson, MS. \$5,000.00, 2008-2009.

Davis, L., Fountain, B., Clary, J., Grace, C. "Northeast Mississippi Child Care Resource & Referral Agency, Smart and Healthy Kids Initiative". \$613, 309. (\$307,949—ARC) (\$305,360—match from Mississippi State University.), 2007

Byrd, S.H., Fountain, B.J., Chromiak, J.A., "Project No. 16—Improving Health in the Mississippi Delta through Coordinated School Health Program." (\$533,138). Delta Health Alliance (DHA) & U.S. Heath Resources and Services Association (HRSA), 2005.

Chromiak, J.A., Byrd, S.H. Byrd, Fountain, B.J. "Understanding the Role of Physical Activity and Healthy Eating in Prevention of Obesity" (\$7,000) Learning Community Proposal—Special Interest, Mississippi State University, 2005.

Byrd, S.H., Fountain, B.J., Chromiak, J.A. "Partnership with Starkville School District/Sudduth Elementary School and the Healthy Children, Families, and Community consortium to Implement a Coordinated School Health Program (CSHP)" (\$80,390), Special Research Initiative, Mississippi Agricultural and Forestry Experiment Station, 2005.

Fountain, B.J. "Integrating Current Assessment Methods of Body Composition Analysis into Undergraduate Teaching of Medical Nutrition Therapy and Nutritional Assessment" (\$2,807.98), Schillig Special Teaching Project, Mississippi State University, 2005.

Byrd, S.H. and Fountain, B.J. "Improved Assessment and Understanding of Body Composition Analysis" (\$1,490.00), William M. White Special Project Award, Mississippi State University, 2004.

Fountain, B.J. and Howell B.R. "Mississippi State University Family Nutrition Program Food Stamp Project" (\$5,741,748.00), United States Department of Agriculture-Food and Nutrition Service/ Mississippi Department of Human Services, 2003-2004.

Fountain, B.J. and Howell B.R. "Mississippi State University Family Nutrition Program Food Stamp Project" (\$5,750,740.00), United States Department of Agriculture-Food and Nutrition Service/Mississippi Department of Human Services, 2002-2003.

Fountain, B.J. and Howell B.R. "Mississippi State University Family Nutrition Program Food Stamp Project" (\$3,227,684.00), United States Department of Agriculture-Food and Nutrition Service/Mississippi Department of Human Services, 2001-2002.

Grant Awards Applied External (\$3,189,231) Internal (\$76,786)

Cross, G. Fountain, BJ, Jones E. "School Breakfast Program in Mississippi: Strategies for Increasing Participation. Proposal I.D. 3846. (\$169,989). Robert Wood Johnson Healthy Eating Resarch Round 6, submitted June 2011.

Mikel, WB, Silva, JS, Hood AH, Fountain, BJ. "Developing Innovative Food Safety Strategies to Support Small to Medium Food Producers/Processors." (\$75,000) USDA NIFA NIFSI, submitted 2011.

Byrd, SH, Fountain, BJ. "Edible Education: Addressing Coordinated School Health by Enhancing Nutrition Services in the Mississippi Delta." (\$387,528.76) Delta Health Alliance, submitted 2010.

Coggins, P., Hall, M, Briley, C, Fountain, B. "Development of a drinkable/vegetable concept yogurt product and determination of its sensory acceptance among Mississippi school children". (\$293,000) United States Department of Agriculture, Cooperative State Research, Education, and Extension Service, submitted May 2008.

Byrd, S.H., Fountain, B.J. "Children's Health is Academic: Improving Health in the Mississippi Delta through Coordinated School Health and Early Prevention, Screening, Detection, Treatment (EPSDT) Program". (\$1,740,000) Delta Health Alliance Addressing Health Care Gaps in the Mississippi Delta, submitted March 2008.

Hudson, M.D, Byrd, S.H., Fountain, B.J. "The Impact of Economic Incentives on Fruit and Vegetable Consumption Among Children and Families in the Mississippi Delta. (3102), (\$208,000) Robert Wood Johnson Foundation, submitted February 2008.

Byrd, S.H., and Fountain, B.J. "Audio Clarity in Large Group Presnetaions". (\$1,995.00) Mississippi State University, William M. White Special Projects, submitted February 2008.

Behrends, JM, Briley, C, Fountain, BJ, Shilling, MW. "Evaluation of Aquatic in ProteinEconomically Disadvantaged Households and Their Affects on Obesity in Mississippi." Food Safety Initiative (internal funding) submitted 2007.

Byrd, SH, Chromiak, JA, Fountain, BJ "Improving Health in the Mississippi Delta through a Coordinated School Health Program". Blue Cross and Blue Shield of Mississippi Foundation. \$249,964.08 submitted 2007.

Schilling, M.W., Fountain, B.J., Herring, J.L., Coggins, P.C. 2006-2008. Production of wheat-free, low-fat chicken nuggets with an emphasis on education pertaining to food quality, nutrition, and health. USDA-NRI Food Quality Added Value RFP. \$ 246,739.39. (external funding, submitted 2005).

Schilling, M.W., Fountain, B.J., Coggins, J.M. 2006-2008. Production of wheat-free, lowfat chicken nuggets with an emphasis on education pertaining to food quality, nutrition, and health. MAFES-Alternative Crops. \$ 74,791.50 (internal funding, submitted 2005).

Fountain, B.J. "State Agency Foodservice Training Survey" (\$54,000) National Food Service Management Institute submitted December 15, 2004.

Fountain, B.J. and Howell, B.R. "Organwise Guys/Take 10 Pilot Program". (\$10,000.00) Mississippi State Department of Health, submitted January 2003.

Publications (Refereed)

- Fountain, B.J., Byrd, S.H. (2005). Differences Between Body Mass Index and Other Weight Measures in Children 6-11 Years of Age Who Are At Risk and Not At Risk For Overweight. *Journal of the American Dietetic Association*, 105(8), Supplement 2, A-22.
- Fountain, B.J., Byrd, S.H., Oakley, C.B., Mixon, M.P., Newman, M.E. (2005). Investigating the Relationship Between Sedentary Activity and Other Variables Suggested to be Related to Overweight in Children. *California Childhood Obesity Conference Proceedings, Launching a Movement: Linking our Efforts to Make A Difference*, 2.
- McCorkle, S., Chromiak, J.A., Byrd, S.H. Fountain, B.J. Hoyt III, G.L. (2006). Body Mass Index and Percent Fat of Teachers and Staff at a Mississippi Elementary School. *Official Journal of the American College of Sports Medicine, Vol. 38 No. 5, S315.*
- Woolfolk, S., Fountain, B.J., Byrd, S.H., Chromiak, J.A. (2006)Behavioral and Healthy Lifestyle Changes after Implementation of a Walking Program among Teachers at an Elementary School. Journal of Nutrition Education & Behavior, Jul2006 Supplement, Vol. 38, pS17-S68, 53p.
- McCorckle, S., Chromiak, J.A., Byrd, S.H., Hoyt, III, G.L., Fountain, B. J., Gerard, P. (2007) The Relationship Among Body Mass Index, Percent Body Fat, And Waistto-Hip Ratio. Official Journal of the American College of Sports Medicine, Vol. 39, No. 5 Supplement S375.
- Unfit for Play: Considering the Connection between Safety Concerns and Physical Activity for Children in the Rural Mississippi Delta. Nicole Radar, Joseph Chromiak, Sylvia Byrd, Brent Fountain. Mississippi State University, Mississippi State, MS (completed internal review and set for submission to the *Journal of Physical Activity and Health*: http://www.humankinetics.com/JPAH/journalAbout.cfm)

Parent and Teacher Perspectives on Child Nutrition in the Mississippi Delta. Virginia Gray, Sylvia Byrd, Joseph Chromiak, Brent Fountain. Mississippi State University, Mississippi State, MS (currently in internal review process)

Mississippi State University Extension Publications (new)

Fountain, B., Callahan, J. *Meal Planning for Diabetics*. (2008) Mississippi State University Extension Service, Publication 2481.

Fountain, B., Hill, G. *Using a Thermometer: Know which one to use.* (2008) Mississippi State University Extension Service, (Internal Review).

Fountain, B., Bowen, K. *Considering bringing food to school? Make sure it is safe!* (2008) Mississippi State University Extension Service, (Internal Review).

<u>Mississippi State University Extension Publications</u> (revisions)

Fountain, B.J. *Disaster Relief-So What Is An E.coli Infection*. (revision 2011) Mississippi State University Extension Service, Information Sheet 1688.

Fountain, B.J. *Use a Food Thermometer and Take the Guesswork out of Cooking.* (revision 2008). Mississippi State University Extension Service, Publication 2097.

Fountain, B.J. *Disaster Relief, Facts about Foods and Floods* (2008 revision). Mississippi State University Extension Service, Information Sheet 1840.

Fountain, B.J. *Understanding Today's Food Label* (2008 revision). Mississippi State University Extension Service, Publication 1908.

Fountain, B.J., Callahan, J. *Shopping for One or Two* (2008 revision). Mississippi State University Extension Service, Information Sheet 1423.

Fountain, B.J. *Disaster Relief: Emergency Food and Water* (2008 revision). Mississippi State University Extension Service, Information Sheet 1691.

Fountain, B.J. *Meal Planning: Better Planning, Better Meals* (2007 revision). Mississippi State University Extension Service, Information Sheet 776.

Woolfolk, S., McCorkle, S., Fountain, B., Byrd, S. *Stress and Emotional Eating* (2007). Mississippi State University Extension Service, Information Sheet 1783.

Fountain, B. and Lee, M. What You Should Know About Diabetes (2007 revision). Mississippi State University Extension Service, Information Sheet 1632.

Mississippi State University Extension Service News Articles (Author)

Tips for Increasing Phytonutrients in Your Diet, news article provided to Nutrition and Food Safety Area Agents for distribution in their areas on 12/18/2006.

The Power of Phytonutrients, news article provided to Nutrition and Food Safety Area Agents for distribution in their areas on 11/30/2006.

Ten Tips to Remain Active During the Holidays, news article provided to Nutrition and Food Safety Area Agents for distribution in their areas on 11/20/2006.

Managing Diabetes During the Holiday Season, news article provided to Nutrition and Food Safety Area Agents for distribution in their areas on 10/24/2006.

Information Regarding the outbreak of E.coli and Bagged Spinach, news article provided to Nutrition and Food Safety Area Agents for distribution in their areas on 9/26/2006.

Happy (& Healthy) New Year Resolutions, **Leadership Lines**, quarterly publication for the Mississippi Homemaker Volunteers provided 9/13/2006.

Handling the Picky Eater in your house, news article provided to Nutrition and Food Safety Area Agents for distribution in their areas on 1/20/2007.

What are organic foods?, news article provided to Nutrition and Food Safety Area Agents for distribution in their areas on 1/20/2007.

Important information regarding the salmonella outbreak and peanut butter, news article provided to Nutrition and Food Safety Area Agents for distribution in their areas on 2/20/2007.

March is National Nutrition Month: Be 100% Fad Free, news article provided to Nutrition and Food Safety Area Agents for distribution in their areas on 2/20/2007.

What to consider when choosing a new oven or range, news article provided to Nutrition and Food Safety Area Agents for distribution in their areas on 3/20/2007.

Kicking the "Junk Food" habit, news article provided to Nutrition and Food Safety Area Agents for distribution in their areas on 3/20/2007.

Fruits and Veggies—More Matters, the Next Generation "5 A Day", news article provided to Nutrition and Food Safety Area Agents for distribution in their areas on 4/20/2007.

Fruits and Veggies—More Matters, news article provided to Nutrition and Food Safety Area Agents for distribution in their areas on 4/20/2007.

This Summer, Remember to keep your food safe, news article provided to Nutrition and Food Safety Area Agents for distribution in their areas on 5/20/2007.

Creating a body friendly environment, news article provided to Nutrition and Food Safety Area Agents for distribution in their areas on 5/20/2007.

Introducing the B vitamins (part 1), news article provided to Nutrition and Food Safety Area Agents for distribution in their areas on 6/20/2007.

Introducing the B vitamins (part 2), news article provided to Nutrition and Food Safety Area Agents for distribution in their areas on 6/20/2007.

Don't get stuck in a food rut, news article provided to Nutrition and Food Safety Area Agents for distribution in their areas on 7/20/2007.

Vary your vitamin C, news article provided to Nutrition and Food Safety Area Agents for distribution in their areas on 7/20/2007.

Understanding the Body Mass Index (BMI), news article provided to Nutrition and Food Safety Area Agents for distribution in their areas on 8/20/2007.

Coordinating School Health, news article provided to Nutrition and Food Safety Area Agents for distribution in their areas on 8/20/2007.

Trick or Treat: Important Tips for Halloween, news article provided to Nutrition and Food Safety Area Agents for distribution in their areas on 9/20/2007.

Fall into fitness, news article provided to Nutrition and Food Safety Area Agents for distribution in their areas on 9/20/2007.

Winter Vegetables (What's in season for you to enjoy), news article provided to Nutrition and Food Safety Area Agents for distribution in their areas on 10/20/2007.

Fall Fruits (Making the most of in-season fruits), news article provided to Nutrition and Food Safety Area Agents for distribution in their areas on 10/20/2007.

Tips on Having Great Family Meals Together, news article provided to Nutrition and Food Safety Area Agents for distribution in their areas on 11/20/2007.

Tips on Feeding your Toddler, news article provided to Nutrition and Food Safety Area Agents for distribution in their areas on 11/20/2007. *Turning over a New Leaf in 2008*, news article provided to Nutrition and Food Safety Area Agents for distribution in their areas on 12/19/2007.

What are the differences between vitamins and minerals?, news article provided to Nutrition and Food Safety Area Agents for distribution in their areas on 12/19/2007.

Graduate Student Publications

Pennington, J.B. (2010). Anthropometric Measurements Used To Assess Adiposity In African American Elementary School Children. Mississippi State University. (Thesis-committee member)

Potts, J.L. (2009). Changes in Workload of Staff and the Consumption of Fruits and Vegetables Amongst School-Aged Children As Perceived By School Food Service Providers After Schools Purchased A Slicer and Sectionizer. Mississippi State University. (Thesis-major professor)

McCracken, C.R. (2008). Exploratory Study of the Caregivers' Perceived Barriers to Healthy Eating in the Mississippi Delta. Mississippi State University. (Thesis-major professor)

Callahan, J.P. (2008). **Descriptive Study of Parents' and Guardians' Perceived Barriers to Physical Activity in the Mississippi Delta.** Mississippi State University. (Thesis-committee member) Giddens, J.C. (2007). **The Relationship Between Food Security Status and Overweight Amongst Women Age 16-85 Years Old**. Mississippi State University. (Thesis-major professor)

Komm, A.R. (2007). Relationship Between Alcohol Consumption, BMI, and Weight Perception in Women Aged 20-29 Years. Mississippi State University. (Thesis-major professor)

Woolfolk, SR. (2006). Behavioral and Healthy Lifestyle Changes After Implementation of A Walking Program Among Teachers at an Elementary School. Mississippi State University. (Thesis-major professor)

Dahlem, DK. (2006). Relationship Between Percent Body Fat as Determined by Bioelectrical Impedance Analysis and Waist-to-Hip Ratio in Children Ages 7 to 9 Years. Mississippi State University. (Thesis-committee member)

Lee, ML. (2006). Nutrient Intake, Physical Activity, and Hours of Screen Viewing Relationship to Body Mass Index of Children Age 6 to 11 Years Old. Mississippi State University. (Thesis-committee member)

Martin, KE. (2006). The Relationship of Body Mass Index to Socio-Economic Status and Diet Quality in Children Age 6-11 Years Old. Mississippi State University. (Thesis-committee member)

Grady, PA. (2006). Body Mass Index and Percent Body Fat As Determined By Bioelectrical Impedance Analysis in Children, 7-9 Years of Age. Mississippi State University. (Thesis-committee member)

Presentations at Professional Meetings/ Professional Presentations (Refereed)

- Lombardo, M.A., Fountain, B.J. (March 15-17, 2004). Modeling Success: A Replicable Program for Combating Obesity in Low-income Schools. Presented at the National Food Stamp Nutrition Education Conference, Columbus, OH.
- Little, D.M., Threadgill, P., Fountain, B.J., Lombardo, M.A., (April 22-24). A Replicable Model for Addressing Obesity: Placing Nutrition and Physical Activity in Schools. Presented at the 2003 Priester National Extension Health Conference, Phoenix, AZ.
- Lombardo, M.A., Little, D.M., Fountain, B.J., (July 26-30, 2003). Childhood Obesity Prevention: Study of a Model School-based Approach. Presented at the 2003 Society for Nutrition Education Annual Conference, Philadelphia, PA.

Professional Presentations (Invited)

Fountain, B.J. (April 18, 2012) "How to build a Community Health Fair". 2012 Site Champion Training provided by Motivating Mississippi, WebMD, and the Mississippi Department of Finance and Administration. Oxford, MS.

Fountain, B.J. (March 28, 2012) "Canning 101: Basic Home Food Preservation/How to

Can Jams and Jellies." Mississippi State University Extension Service 4-H In-Service. Mississippi State, MS (3 hours)

- Fountain, B.J. (February 17, 2012) "Current Issues Related to Overweight and Obesity" Mississippi Association of Family and Consumer Sciences Annual Conference. Mississippi State, MS.
- Fountain, B.J. (November 4, 2011) "Basic Home Food Preservation and How to Use Pressure Canner Testers in your Office" Mississippi State University Extension Service Annual In-service. Mississippi State, MS (presented 6 30-minute sessions)
- Fountain, B.J. and Redwine P. (October 17, 2011) "Basic Home Food Preservation and How to Use Pressure Canner Testers". 2011 Mississippi State University Extension Service County Secretary Annual Training. Mississippi State, MS.
- Fountain, B.J. (September 28, 2011) "Don't Weight-Building a Culture of Health in the Workplace." 2011 Mississippi Public Health Association (MPHA) Annual Meeting, Tunica, MS.
- Fountain, B.J. (September 29, 2011) "See Food: Advertising and Public Choice" 2011 Mississippi Public Health Association (MPHA) Annual Meeting. Tunica, MS.
- Fountain, B.J. (August 29, 2011) "USDA New Food Icon-"My Plate" presented along with MSU-ES Dietetic Interns to FNP/EFNEP staff.
- Fountain, B.J. (March 1-3, 2011) "Don't Weight". 2011 Site Champion Training provided By Motivating Mississippi, WebMD, and the Mississippi Department of Finance and Administration. Training was developed by myself. Jackson (3/1/11) and Hattiesburg (3/3/11) presented by Natasha Haynes. Oxford (3/2/11) presented by me.
- Fountain, B.J. (May 18, 2010) "Diabetic Meal Planning". 2010 Mississippi Homemaker Volunteer Annual Conference, Mississippi State, MS.
- Fountain, B.J. (August 7, 2009) "Food Safety Training for Child Nutrition". Kosciusko School District. Kosciusko, MS.
- Fountain, B.J. and Ward, J. (September 12, 2007) "MyPyramid for Kids: Eat right! Exercise! Have Fun!" Mississippi State Department of Parks and Recreation, Tupelo, MS.
- Fountain, B.J. (May 24, 2007). "Adolescent Eating Disorders, Weight Control, and Body Image" DREAM conference, invited, by the Mississippi State Department of Health.
- Fountain, B.J. (October 10, 2006). The Problems of Childhood Overweight. Families and Communities Together (FACT). Ittawamba Community College, Fulton, MS.

- Fountain, B.J. (July 22, 2005). Healthy Children, Families, and Communities in Mississippi. Southern Christian Services for Children and Youth, Inc. Lookin' to the Future Conference 2005, Natchez, MS.
- Fountain, B.J. (May 18, 2005). The U.S. Government and Nutrition Promotion. Public Relations Association of Mississippi, Starkville, MS.
- Fountain, B.J. and Butler E.C. (July 9, 2003). How FNP and EFNEP Can Work For You. 2003 State Conference for School Food Service Organizations. Jackson, MS.
- Fountain, B.J. (July 1, 2003). How FNP and EFNEP Can Work For You. 2003 State Conference for School Food Service Organizations. National Food Service Management Institute, Oxford, MS.
- Fountain, B.J. and Butler E.C. (June 24, 2003). How FNP and EFNEP Can Work For You. 2003 State Conference for School Food Service Organizations. Gulfport, MS.
- Byrd, S.H., Braddock, V., Fountain, B.J. (June 12, 2003). Childhood Overweight: Improving Children's Nutrition. Eighth Annual Mississippi Permanency Partnership Network Conference, Philadelphia, MS.
- Fountain, B.J. (June 5-8, 2002). The Role of the Family Nutrition Program in Your School. Presented at the Mississippi Alliance for School Health conference, Biloxi, MS.
- Fountain, B.J. (April 6, 2001). Community Nutrition Education and the Low-Income Population in Mississippi. Presented to the Northeast Dietetic Association, Tupelo, MS.

Professional Presentations (In-state) (selected)

- Fountain, B.J. and Redwine. P. (June 27-28, 2012). ServSafe certification training. Lafayette County Extension Office, Oxford, MS. (16 hours)
- Fountain, B.J. and Redwine. P. (February 22-23, 2012). ServSafe certification training. Grenada County Extension Office, Grenada, MS. (16 hours)
- Fountain, B.J. (January 11-12, 2012). ServSafe certification training. Webster County Extension Office, Eupora, MS. (16 hours)
- Fountain, B.J. (December 6, 2011). Healthy Habits for a Lifetime. Taking Pounds of Sensibly (TOPS). Caledonia, MS. (16 hours)
- Fountain, B.J. (December 1, 2011). Practicing Good Food Safety in Your Home. Lester Street Community Center, Memphis, TN. (2 hours)
- Fountain, B.J. and Redwine. P. (November 8-9, 2011). ServSafe certification training. DeSoto County Extension Office, Hernando, MS. (16 hours)

- Fountain, B.J. (September 7-8, 2011). ServSafe certification training. Newton County Extension Office, Decatur, MS. (16 hours)
- Fountain, B.J. (August 8, 2011). ServSafe certification training. Mississippi State University, Mississippi State, MS. (8 hours)
- Fountain, B.J. and Redwine. P. (July 26, 2011). ServSafe certification training. Grenada County Extension Office, Grenada, MS. (16 hours)
- Fountain, B.J. and Redwine. P. (May 24-25, 2011). ServSafe certification training. Yalobusha County Extension Office, Coffeville, MS. (16 hours)
- Fountain, B.J. and Redwine. P. (March 30-31 2011). ServSafe certification training. Oktibbeha County Extension Office, Starkville, MS. (16 hours)
- Fountain, B.J. and Redwine. P. (February 7, 2011). ServSafe certification training. Panola County Extension Office, Batesville, MS. (16 hours)
- Fountain, B.J. and Redwine. P. (December 14-15, 2010). ServSafe certification training. National Food Service Management Institute (NFSMI), Oxford, MS. (16 hours)
- Fountain, B.J. (November 30, 2010). Healthy Holiday Cooking. Presented to the Mississippi Homemakers Volunteers (MHV) Warren County Extension Service, Vicksburg, MS. (1.5 hours)
- Fountain, B.J. and Flautt, M.P. (November 10-11, 2010). ServSafe certification training. Tunica County Extension Service, Tunica, MS. (16 hours)
- Fountain, B.J. and Redwine. P. (October 21, 2010). HACCP training for Schools. Starkville Public School District, Starkville, MS. (2 hours)
- Fountain, B.J. and Harris. A. (October 19-20, 2010). ServSafe certification training. Washington County Extension Service, Greenville, MS. (16 hours)
- Fountain, B.J. and Redwine. P. (October 6-7, 2010). ServSafe certification training. Calhoun County Extension Service, Pittsboro, MS. (16 hours)
- Fountain, B.J. (September 29-30, 2010). ServSafe 1-day instructor training. Mississippi State University, Mississippi State, MS. (12 hours)
- Fountain, B.J. (August 11, 2010). ServSafe certification training. Mississippi State University, Mississippi State, MS. (8 hours)
- Fountain, B.J. (August 7, 2010). ServSafe certification training. North Mississippi Medical Center, Tupelo, MS. (8 hours)
- Fountain, B.J. and Redwine. P. (July 7, 2010). ServSafe certification training. Mississippi State University, Mississippi State, MS. (8 hours)
- Fountain, B.J. and Flautt, M.P. (June 22, 2010). ServSafe certification training. Quitman County Extension Service, Marks, MS.

- Fountain, B.J. and Twiner, A. (June 21, 2010). ServSafe certification training. Sunflower County Extension Service, Indianola, MS.
- Fountain, B. J. (May 25, 2010). Diabetic Meal Planning. Warren County Extension Service, Vicksburg, MS.
- Fountain, B.J. (May 18, 2010). Diabetic Meal Planning. Presented during the Mississippi Homemaker Volunteers (MHV) Annual Conference. Mississippi State University, Mississippi State, MS. (2 hours) a.m. session
- Fountain, B.J. (May 18, 2010). Diabetic Meal Planning. Presented during the Mississippi Homemaker Volunteers (MHV) Annual Conference. Mississippi State University, Mississippi State, MS. (2 hours) p.m. session
- Fountain, B.J. (March 4-5, 2010). ServSafe certification training. Scott County Extension Service, Forrest, MS.
- Fountain, B.J. and Redwine. P. (February 24-26, 2010). ServSafe certification training. Yalobusha County Extension Service, Coffeeville, MS.
- Fountain, B.J. (February 17, 2010). ServSafe certification training. North Mississippi Medical Center, Tupelo, MS. (8 hours)
- Fountain, B.J. (February 10, 2010). Food Demonstration and Food Safety, Taking the Demons out of Demos. Presented to the Office of Nutrition Education Educators. Rankin County Extension Office, Brandon Mississippi. (4 hours)
- Fountain, B.J. and Redwine. P. (October 27-28, 2009). ServSafe certification training. Oktibbeha County Extension Service, Starkville, MS.
- Fountain, B.J. and Flautt, M.P. (September 30-October 2, 2009). ServSafe certification training. Coahoma County Extension Service, Clarksdale, MS.
- Fountain, B.J. (August 5-6, 2009). ServSafe certification training. Mississippi State University, Mississippi State, MS.
- Fountain, B.J. and Redwine. P. (July 14-15, 2009). ServSafe certification training. Webster County Extension Service, Eupora, MS.
- Fountain, B.J. and Twiner, A. (June 1, 2009). ServSafe certification training. Sunflower County Extension Service, Indianola, MS.
- Fountain, B.J. and Redwine. P. (April 22-24, 2009). ServSafe certification training. Monroe County Extension Service, Amory, MS.
- Fountain, B.J. (April 16-17, 2009). ServSafe certification training. Kemper County Extension Service, DeKalb, MS.
- Fountain, B.J. (March 12-13, 2009). ServSafe certification training. Scott County Extension Service, Forrest, MS.

- Fountain, B.J. (November 18, 2008). "Thanksgiving Food Safety," Starkville Kiwanas Club, Starkville, MS.
- Fountain, B.J. (November 27, 2007). "Better Meals with Better Planning," Desoto County Extension Service, Southaven, MS, Southaven Mississippi in Motion.
- Fountain, B.J. (November 12, 2007). "Evaluating Internet Resources," Carrolton County Extension Service, Carrolton school district in-service education.
- Fountain, B.J. (October 25, 2007). "Taking the Demons out of Demos," HS 4424 Teaching Methods in Agriculture and Human Sciences. Mississippi State, MS. Combination lecture and food demonstration.
- Emmons, K. and Fountain, B.J. (September 18, 2007). ServSafe certification training. Montgomery County Extension Office, Mississippi State University Extension Service, Winona, MS.
- Clary, J., Lee, M., and Fountain, B.J. (September 13, 2007) "Healthy Diabetes Plate Curriculum. Mississippi State University Extension Service Nutrition and Food Safety and Health Area Agent Training.
- Fountain, B.J. (August 24, 2007). "Nutrition: Why is it Important?" Mississippi State University Army ROTC training lesson. Mississippi State University, MS.
- Fountain, B.J. and Redwine, P. (August 9-10, 2007). ServSafe certification training. Department of Food Science, Nutrition, and Health Promotion, Mississippi State University. Mississippi State, MS.
- Fountain, B.J. (August 7, 2007). "Food Safety in Food Service". Aberdeen Head Start Staff Training. Aberdeen, MS. Provided an overview of food safety to cafeteria Staff.
- Redwine, P. and Fountain, B.J. (June 19-21, 2007). ServSafe certification training. Oktibbeha County Extension Office, Mississippi State University Extension Service, Starkville, MS.
- Fountain, B.J. and Ward J. (May 8, 2007). Pizza on the Farm, Nutrition Presentation. Provided nutrition education and the importance of eating vegetables to children, through skit, song, and dance.
- Acklin, E. and Fountain, B.J. (March 13, 2007). ServSafe certification training. Kemper County Extension Office, Mississippi State University Extension Service, Dekalb, MS.
- Fountain, B.J. (March 5, 2007). "From Your Garden to Your Table: Staying Healthy With Vegetables. Carroll County lawn and garden update, Carrolton, MS.
- Fountain, B.J. (February 21, 2007). Food Safety update and innovative ways of teaching Food safety in the classroom. Office of Nutrition Education quarterly training, Grenada, MS.

Fountain, B.J. (February 21, 2007). "MyPyramid & 2005 Dietary Guidelines for

Americans" Proposed changes to the 4-H contests. 4-H Agents annual training, Canton, MS.

- Fountain, B.J. (February 15, 2007). "A Healthy Me: How Hard Can it Be?" Master Health Volunteer training. Mississippi State University, Interactive video.
- Redwine, P. and Fountain, B.J. (February 8, 2007). ServSafe certification training. Yalobusha County Extension Office, Mississippi State University Extension Service, Coffeeville, MS.
- Fountain, B.J. (November 7, 2006). The Importance of Food Safety. Carroll County High School Presentation. Mississippi State, MS.
- Fountain, B.J. (November 2, 2006). Taking the Problems Out of Presentation-Your Keys to Success. Office of Nutrition Education Statewide Quarterly Training (Interactive video). Mississippi State, MS.
- Redwine, P. and Fountain, B.J. (October 25-26, 2006). ServSafe Training. Oktibbeha County Extension Office, Mississippi State University Extension Service, Starkville, MS.
- Fountain, B.J. (September 23, 2006). Mid-South Fair 4-H Food Bowl (chairman). 4-H MidSouth Fair, Memphis, TN.
- Fountain, B.J. (August 29, 2006). General Food Safety Guidelines You Can Use. Mississippi State University Extension Service, Office of Nutrition Education Northern District, Coffeeville, MS.
- Fountain, B.J. (August 23, 2006). General Food Safety Guidelines You Can Use. Mississippi State University Extension Service, Office of Nutrition Education Southern District, Brandon, MS.
- Byrd, S.H. and Fountain, B.J. (March 20, 2006). Nutrition and Wellness Staff Development Program. Mississippi State University, Research and Curriculum Unit, Mississippi State, MS.
- Byrd, S.H. and Fountain, B.J. (February 7, 2006). How to use the Coordinated School Health Program. Starkville Public School District Administrative Council, Starkville, MS.
- Fountain, B.J. (August 17, 2005). Tips for Teaching the 2005 Dietary Guidelines for Americans and MyPyramid to Extention Audiences. Office of Nutrition Education, Mississippi State University Extension Service, Mississippi State, MS.
- Byrd, S.H., Fountain, B.J., Schilling, M.W. 2006. Everything you want to know about Food: H20, CHO, PRO, pHat ;-). Mississippi State University, AIMS, Starkville, MS. (June 20-24). Invited Presentation for Mississippi Agriscience Institute for Mississippi Students (AIMS) program.
- Fountain, B.J. (June 24, 2005). Tips for Using the 2005 Dietary Guidelines for Americans and MyPyramid. Farm Bureau Alliance, Starkville, MS.

- Byrd, S.H., and Fountain, B.J. (May 24, 2005). Tips for Using the 2005 Dietary Guidelines for Americans and MyPyramid. Mississippi State University Extension Service Area Health Agent Training, Mississippi State, MS.
- Fountain, B.J. (December 2, 2004). Research and Evaluation: Is there a difference? Mississippi State University Extension Service Area Health Agent Training, Mississippi State, MS.

Guest Lectures

- Fountain, B.J. (October 4, 2010). BIA Laboratory for MSU Nutritional Assessment Class. Mississippi State University, Mississippi State, MS (1 hour)
- Fountain, B.J. (September 2, 2009). Breads and Grains. Science of Food Preparation, Mississippi State University, Mississippi State, MS.
- Fountain, B.J. (February 2, 2009). The Benefits of Food Safety. Mississippi State University Beef Team. Mississippi State, MS.
- Fountain, B.J. (November 8, 2005). The Profession of Nutrition and Dietetics. Survey of Human Sciences, Mississippi State University, Mississippi State, MS.
- Fountain, B.J. (November 2, 2005). Taking the Demons out of Demonstrations. Teaching Methods in Agriculture and Human Sciences, Mississippi State University, Mississippi State, MS.
- Fountain, B.J. (October 31, 2005). Personal Skills, Interests, and Abilities for Food Science, Nutrition, and Health Promotion Professions, Introduction to Food Science, Nutrition, and Health Promotion, Mississippi State University, Mississippi State, MS.
- Fountain, B.J. (October 3, 2005). Body Weight vs. Body Fat: Body Mass Index and Bioelectical Impedance Analysis (BIA), Nutritional Assessment, Mississippi State University, Mississippi State, MS.
- Fountain, B.J. (September 22, 2005). The Struggle of Obesity. Community Nutrition, Mississippi State University, Mississippi State, MS.
- Fountain, B.J. (September 20, 2005). National Health and Nutrition Examination Survey (NHANES) and other Surveillance Programs. Community Nutrition, Mississippi State University, Mississippi State, MS.
- Fountain, B.J. (September 14, 2005). The Struggle of Obesity. Food Science Seminar, Mississippi State University, Mississippi State, MS.
- Fountain, B.J. (August 26, 2005). The History of Dietetics as a Profession. Introduction to Food Science, Nutrition, and Health Promotion, Mississippi State University, Mississippi State, MS.

- Fountain, B.J. (March 30, 2005). The Importance of Food Safety & Food Safety Training. International Festival Food Vendors, Mississippi State, MS.
- Fountain, B.J. (March 28, 2005). The Profession of Nutrition and Dietetics. Survey of Human Sciences. Mississippi State University, Mississippi State, MS.
- Fountain, B.J. (November 16, 2004). The Profession of Nutrition and Dietetics. Survey of Human Sciences. Mississippi State University, Mississippi State, MS.
- Fountain, B.J. (November 11, 2004). Diabetes: What you need to know. NAMA Agricultural Economics Team. Mississippi State University, Mississippi State, MS.
- Fountain, B.J. (November 4, 2004). Taking the Demons out of Demos. Teaching Human Sciences, Mississippi State University, Mississippi State, MS.
- Fountain, B.J. (September 15, 2004). The Struggle of Obesity. Food Science Seminar. Mississippi State University, Mississippi State, MS.
- Fountain, B.J. (August 27, 2004). Food Safety, You, and the Consumer. Mississippi State University Poultry Science Students, Mississippi State University, Mississippi State, MS.
- Fountain, B.J. (August 27, 2004). Food Safety. The Science of Food Preparation. Mississippi State University, Mississippi State, MS.
- Fountain, B.J. (December 12, 2003). Family Nutrition Program Profile. Mississippi Alliance for School Health. Jackson, MS.
- Fountain, B.J. (December 5, 2003). Using Creative Pockets Curriculum in Your Classrooms. Southeast and Southwest Quarterly Training, Mississippi State University Extension Service, Hattiesburg, MS.
- Fountain, B.J. (November 24, 2003). Children facing the Overweight Epidemic: What Can We Do? Northwest District Training, Mississippi State University Extension Service, Coffeeville, MS.
- Fountain, B.J., Butler E.C., (November 4, 2003). Taking the Demons out of Demos. Teaching Human Sciences. Mississippi State University, Mississippi State, MS.
- Butler, E.C., Ward, J.W., Fountain, B.J. (August 19, 2003). Taking the Demons out of Demos. Office of Nutrition Education Annual Meeting, Mississippi State University, Mississippi State, MS.
- Fountain, B.J. (September, 11, 2003). Safe Handling of Deer and other Wild Game from the Field to the Table. Lowndes County Hunter's Night Out Food Demonstration. Columbus, MS.
- Fountain, B.J. (August 7, 2003). Office of Nutrition Education Update for County Directors—training. Mississippi State University Extension Service. Mississippi State, MS.

- Fountain, B.J. (April 29, 2003). Family Nutrition Program, Government, and Community Nutrition. Nutrition, Public Policy, and Programming. Starkville, MS.
- Fountain, B.J. (March 12, 2003). Office of Nutrition Education in-service training. Mississippi State, MS.
- Fountain, B.J. (February 5, 2003). Obesity in Mississippi. Presentation to the Black Caucus of the Mississippi State Legislature. Jackson, MS.
- Fountain, B.J. (October 3, 2002). Nutrition and Low-Income families in Mississippi. Optimists Club. Starkville, MS.
- Fountain, B.J. (November 8, 2001) Extension Nutrition Education in Your Community. Individual and Family Nutrition. Mississippi State, MS.
- Fountain, B.J. (April 30, 2001). Mississippi Integrated Nutrition Education Curriculum. Evaluation of Agricultural and Extension Education. Mississippi State, MS.
- Fountain, B.J. (June 27, 2000). Nutrition Education Integration Conference. Maternal, Infant and Child Nutrition, Mississippi State, MS.

Courses Taught

- Quantity Foods Production and Service—HS 4283, Mississippi State University, Mississippi State, MS.
- Internship Placement Seminar—HS 4701, Mississippi State University, Mississippi State, MS.
- Nutrition Field Experience—FNH 3003, Mississippi State University, Mississippi State, MS.
- Nutrition Public Policy and Promotion—FNH 4213, Mississippi State University, Mississippi State, MS.
- Nutrition Professional Development—FNH 3701, Mississippi State University, Mississippi State, MS.

<u>Service</u>

Community

Rotary Club, 2003-Present

Vice-President/President Elect (2012-2013) Board of Directors (2011-2012) Charter Organization Representative Long Range Planning Committee (2007-2008) Literacy adhoc committee co-chair (2008-present) Board of Directors (2006-2008) Youth Boy Scouts committee vice-chairman (2005, 2007) Group Study Exchange committee member (2007) Rotary Youth Exchange committee member (2007) Youth Boy Scouts committee chairman (2006) Public Relations committee (2006) Classifications committee (2006) Public Relations (2005)

Boy Scouts of America, 2002-Present

Assistant Scout Master, Troop 14, Boy Scouts of America, 2002-Present Philmont Planning Team, Pushmataha Area Council, 2003-2006 Order of the Arrow, Brotherhood member, Pushmataha Area Council. Philmont contingent leader 2006-Pushmataha Area Council 2007 Starkville Friends of Scouting chairman, Pushmataha Area Council 2006 Starkville Friends of Scouting co-chairman 2005 Starkville Friends of Scouting co-chairman Troop 14 web designer, 2005

Mississippi State University

Athletic Mentoring Program, 1999-2005. Athletic Mentoring Program Steering Committee, 2000-2002 and 2004—2005. Beta Upsilon Chi faculty advisor 2006-present. Ottilie Schillig Special Teaching Projects Review Committee, Richard Human, chair, 2006. Student Health, Nutrition, and Wellness Task Force, Laura Walling, chair, 2006.

College of Agriculture and Life Sciences

Homecoming Alumni Breakfast, faculty coordinator, 2004-2005.

School of Human Sciences

School of Human Sciences Strategic Planning, 2003. School of Human Sciences Reaccredidation, 2000.

Department of Food Science, Nutrition, and Health Promotion

Distance Education committee (2006-2007) Web Page committee (2005-2007) Extension/Outreach committee, chair (2006-2007) Nutrition Faculty Search Committee (2005) Food Safety Extension specialist search committee, chair (2007) Technology Transfer coordinator search committee (2007) Meat Science Extension specialist search committee (2006) Student Dietetic Association Faculty Advisor (2004-2005) ServSafe coordinator, serves as key contact to instructors, proctors, and participants. (2007-present)

Mississippi State University Extension Service

Chair, FNP Business Manager Search Committee, 2003 Member, FNP Technology Administrator Search Committee, 2003 Member, Delta NIRI Educator Search Committee, 2003 Nutrition and Food Safety PPG, chair 2006-present 4-H Healthy Lifestyles PPG, 2006-present State Specialist, Leader, 4-H Club congress Food and Nutrition Contests 2006present Breads Bake-off Senior Contest Nutrition Extreme Senior Contest Visual Presentation Contest State Specialist, Leader, Junior Achievement Food and Nutrition Contests 2006present Breads Junior Contest Food and Nutrition Contest Levels I-IV Food Preservation Contest Visual Presentation Contest

Chairman, 4-H Day Mid-South Fair Food and Nutrition Judging Memphis, TN-September 2007. Chairman, 4-H Day Mid-South Fair Food Bowl Memphis, TN-September 2006.

Professional and Academic Association Membership

American Dietetic Association **Dietetic Practice Groups** Sports Cardiovascular and Wellness Nutrition Weight Management Public Health and Nutrition Nutrition Education for the Public **Dietetic Educators in Practice** Research Mississippi Dietetic Association President-2008-2009 President-elect-2007-2008 Council on Education and Research-Chair—2006-2007 Council on Education and Research-Chair Elect-2005-2006 Representative to the Mississippi Obesity Council-2004-Present Executive Board Member-2000-2001 Northeast District Dietetic Association President-2000-2001 Society for Nutrition Education American Association of Family and Consumer Sciences Mississippi Association of Family and Consumer Sciences Mississippi Alliance for Self-Sufficiency Executive Board Member—2001-2004 Mississippi Alliance for School Health Vice President-2008-present Executive Board Member—2003-present Action For Healthy Kids Membership chair—2004 present

Honor Societies

Gamma Sigma Delta, Agriculture Honorary Society Treasurer—MSU chapter 2008-2009 Historian—MSU chapter 2007-2008 Kappa Omicron Phi, Home Economics Honorary Society Phi Kappa Phi Golden Key

<u>Awards</u>

The Rosalind and Rodney Foil Teamwork Award, Mississippi State University Division of Agriculture, Forestry, and Veterinary Medicine, 2008. Co-awarded with Sylvia Byrd and Joseph Chromiak.

Educational Curriculum Package, Second Place, Southern Region, National Extension Association of Family & Consumer Sciences, Mississippi in Motion, 2007.

Educational Curriculum Package Team Award, National Extension Association of Family and Consumer Sciences, Mississippi Affiliate, 2007.

Cliff Dochterman Award, International Fellowship of Scouting Rotarians for Distinguished and Dedicated Service to Scouting—2006.

Recognized Young Dietitian, Mississippi Dietetic Association-2001.

Outstanding Dietetics Student Award, Mississippi Dietetic Association—Dietetic Intern, 1999.

Outstanding Dietetics Student Award, Mississippi Dietetic Association—Undergraduate, 1998.

Highest Award for Achievement, Dale Carnegie—1994.

Eagle Scout—Boy Scouts Of America—1987.

Professional Conferences and Workshops Participant

- Mississippi Alliance for School Health (MASH) Executive Board Planning Retreat. Canton, MS (January 5, 2007)
- 21st Century Conference. Little Rock, AR (April 18-19, 2007)
- American Dietetic Association Leadership Institute. San Diego, CA (June 7-10, 2007) Society for Nutrition Education Annual Meeting. Chicago, IL (July 27, August 1, 2007)
- Coordinated Approach to Child Health Training Workshop. Stoneville, MS (August 2-3, 2007)
- American Dietetic Association Affiliate Leadership Training. Philadelphia, PA (September 28-30, 2007)
- Food and Nutrition Conference and Exhibition. American Dietetic Association Annual meeting. Philadelphia, PA (September 30-October 3, 2007)
- Mississippi Alliance for School Health (MASH) annual conference. Philadelphia, MS

(October 4-5, 2007)

5***** Star Grant Training. Oxford, MS (October 9-10, 2007)

- Mississippi State University Extension Service Annual Conference. Mississippi State, MS (November 5-7, 2007)
- MyPyramid for Kids 101. CYFERnet School Age Editorial Board online training. Iowa State adobe connect system (December 10, 2007)
- Family and Consumer Sciences, Mississippi State University Extension Service. Strategic Planning. Mississippi State, MS, December 13, 2006.
- Family and Consumer Sciences, Mississippi State University Extension Service. Matrix planning and Determining your color. Mississippi State, MS, December 12, 2006
- Mississippi Alliance for School Health (MASH) annual conference. Philidelphia, MS September 27-28, 2006
- Healthy Generations "Creating Community Food Security" Videoconference. University of Minnesota, September 14, 2006

Healthy Weight Wake Up Call, Chicago, Illinois, November 16, 2005.

- American Dietetic Association Food and Nutrition Conference and Exposition, Saint Louis, Missouri, October 22-25, 2005.
- Dietetic Educators of Practitioners Dietetic Practice Group Area III, Houston, Texas, March 17-18, 2005.
- National Obesity Prevention Conference, United States Department of Agriculture, Bethesda, Maryland, October 25-27, 2004.
- American Dietetic Association Food and Nutrition Conference, Anaheim, California. October 1-5, 2004.
- Society for Nutrition Education Annual Conference, Salt Lake City, Utah. July 17-21, 2004.
- American Dietetic Association Food and Nutrition Conference, San Antonio, Texas. October 26-29, 2003.
- Society for Nutrition Education Annual Conference, Philadelphia, Pennsylvania. July 25-31, 2003.
- Mississippi Alliance for School Health Super Conference, Biloxi, Mississippi. June 8-11, 2003.
- Priester National Extension Health Conference, Phoenix, Arizona, April 21-26, 2003.
- Food and Nutrition Service Conference, United States Department of Agriculture. Washington, D.C. February 23-27, 2003.
- Center for Disease Control—National Center for Health Statistics, Washington D.C., July 14-17, 2002.
- Mississippi Alliance for School Health Super Conference, Biloxi, Mississippi. June 5-8, 2002.
- Children, Youth, and Families at Risk, New Orleans, Louisiana, May 28-31, 2002.
- Priester National Extension Health Conference, Orlando, Florida, May 5-10, 2002.
- National Nutrition Week, San Diego, California, February 24-28, 2002.
- Financial Research Administration III Conference, Tampa, Florida, February 17-19, 2002.
- Food Stamp Nutrition Education Plan Guidance, Atlanta, Georgia, January 14-18, 2002.s
- Families First-FF NEWS Conference, Memphis, Tennessee, October 29-November 1, 2001.
- American Dietetic Association Food and Nutrition Conference, Saint Louis, Missouri, October 21-24, 2001.
- United States Department of Agriculture Nutrition Education Conference, Dallas, Texas, September 10-14, 2001.

Georgia Coalition for Physical Activity and Nutrition Seminar—Looking to the Future of FSNEP, Atlanta, GA, February 7-9, 2001. American Dietetic Association Food and Nutrition Conference, Denver, Colorado,

October 14-19, 2000.